Southern Health Santé Sud

Diabetes Program Referral

Patient:
Address:

PHIN:

MHSC:

DOB (d/m/y):

Phone: Home:
Cell: Work:

Physician:
Clinic:

Refer patient to TeleCare Manitoba (fax: 1-204-779-5645) if they meet the following criteria:

- Over the age of 18
- Diagnosed with type 2 diabetes with an AIC of <9% and taking 2 or less oral agents (not on insulin) **OR** diagnosed with pre-diabetes **OR** one or more of the following risk factors: strong family history of diabetes, history of gestational diabetes mellitus (GDM) or diabetes in pregnancy
- Not currently pregnant at time of enrolment
- Functionally able to participate in telephone based health care delivery

If you do not want your patient referred to TeleCare Manitoba, check this box: ☐

TYPE OF DIABETES: **Onset date:** _____

☐ Type 2 overweight ☐ Type 2 lean ☐ Gestational ☐ Type 1 ☐ Secondary ☐ Other _____

MEDICATIONS AND DOSAGES:
Oral Antihyperglycemic agents: _____
Insulin: _____
Other relevant: _____

FINDINGS:
Weight: _____ Date: _____ Exercise Restrictions: _____
A1C: _____ Date: _____ FBG: _____ Date: _____ RBG: _____ Date: _____
Total Chol: _____ LDL Chol: _____ HDL Chol: _____ Ratio: _____ TG: _____ Date: _____
BP: _____ Date: _____ ☐ Hypertension ☐ MI, Date: _____ ☐ Stroke, Date: _____ ☐ PVD

☐ Nephropathy, Random ACR: _____ Date: _____ Serum Creatinine: _____ Date: _____ eGFR: _____ Date: _____
☐ Retinopathy Last Retinal Screen Date: _____
☐ Neuropathy ☐ Foot Problems _____ ☐ Last Foot Screen Date: _____
☐ Diabetes-related Erectile/Sexual Dysfunction _____
☐ Depression _____

Referring Physician/Professional Signature: _____ **Date:** _____

Please forward referral to one of the following:	Telephone	Fax
Altona (dietitian)	324-6411 ext: 250	324-1299
BTHC (dietitian and nurse)	331-8841	331-8831
Carman Hospital (dietitian)	745-2021	745-2756
Crystal City (dietitian)	873-2132	873-2185
Emerson (dietitian)	373-2109	373-2748
MacGregor Health Centre (dietitian)	685-2850 ext: 2230	685-2529
Manitou (dietitian)	242-2744	331-8801
Morris (dietitian)	746-7347	746-2197
Notre Dame (dietitian)	248-2092 ext: 260	248-2299
Portage (dietitian and nurse)	856-2041	856-2045
Seven Regions Health Centre- Gladstone (dietitian)	385-6126	385-2663
Somerset (dietitian and nurse)	744-2265	744-2511
St. Claude (dietitian)	379-2585	248-2299
Swan Lake (dietitian and nurse)	836-2132	836-2044

Patient referred to:

☐ Smokers Helpline (Ph: 1-877-513-5333)
☐ Get Better Together (Ph: 1-800-RHA-6509)
☐ PIN Dietitian
☐ Other